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No Wastage Day-Tips

Replacements for the Most Common Disposable Products

We usually buy more than we need to. We buy, we use, and we throw away. We are harming our only home—the earth and it is choking to death ☹️

But there's an easy way to help Mother Earth and the future generations. —and that's by no longer wasting our money on **disposable products** that have easy, cheap, and often renewable stand-ins.

Here are some of the most common disposable household products—and alternatives you can use starting right now.

Paper towels

Cloth napkins, fabric squares from stained or ripped clothing, and even newspapers you've already read and junk mail fliers are all perfect stand-ins for paper towels. Any fabric can be thrown in with other loads of laundry, and paper products like newspaper can be composted.

Paper napkins

There's really no reason to be using paper napkins. Cloth feels classier, is washable, and can be reused hundreds of times. Pick darker colours if you're worried about stains.

Facial tissue

People were perfectly fine using handkerchiefs for hundreds of years. Just toss used items into your next load of laundry to kill any germs present.

Disposable plates, cups and cutlery

Replace with stainless steel, glass or metal. These are easily available and will be profitable in the long run.

Bottled water

Try to buy maximum capacity reusable bottled water if you need to and then fill into reusable steel, metal or glass water bottles.

Plastic food bags

Sandwiches don't need plastic bags—and neither does any of the food you usually store this way. Steel food containers will do.

Plastic straws

There's a stainless steel replacement for that.

Gift-wrap

Gift-wrap is such a waste! It literally only exists to be ripped from a present in mere seconds and instantly forgotten. If you have to gift-wrap use recycled paper that you've decorated, or is already decorated.

Do not tear off gift wrappers, remove carefully and reuse.

Plastic shopping bags

Cloth, jute and paper bags can be used. Keep a few in your car so that you can proudly get your things in those and give out a clear message to those who are damaging our fragile and precious planet.

If we feel it's too much of an effort let us take a look at these heart-breaking pictures and decide that **WE do not want to be a part of this** ☹️





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