



# LITTLE FLOWER ENGLISH SCHOOL DUBAI

## FOOD POLICY

This policy & procedures are reviewed annually to ensure compliance with current regulations.

Approved/ Reviewed by	
Policy Lead	MR. ABDUL
Role	IT COORDINATOR
Date of review	25-03-2024
Date of next review	25-03-2025
Signature	





## Food Policy

This policy has been written to form a framework for Little Flower English School to develop and maintain a shared philosophy on all aspects of food and drink within the school.

Its key aim is to establish and extend healthy eating and drinking behaviors in school that will benefit all involved with school life. This will include students, staff, parents, the catering team and others within the community.

### **Aims:**

To ensure that all members of the school are aware of what constitutes a 'healthy, balanced diet' and how this influences a student's ability to learn and achieve high standards of achievement and behaviour in school.

### **Objectives:**

- Through effective leadership, school ethos and curriculum, encourage all in our community to support a healthy lifestyle.
- To provide students with access to safe, tasty and nutritious food on a daily basis.
- To provide a variety of healthy option choices for food available in school.
- To provide an easily accessible water supply during the school day.
- To allow students to drink bottled water during lesson times and examinations.
- To ensure that all stakeholders are able to make informed choices about the importance of food and its production.
- To ensure that food provision in school reflects the medical and ethical requirements of staff, students and visitors to the school.
- To provide a welcoming eating environment that encourages positive interaction between students and adults in the school.
- To encourage students to share the experience of eating food together and enjoy the social aspect of sharing food.

## **POLICY**

The school with effective staff intervention will ensure that all students at Little Flower English School maintain healthy life style and eat healthy and nutritious food at all times .Awareness on these will be regularly created through lessons, campaigns, newsletters, circulars, assemblies, parent's council meeting etc.

### **Food Brought by Students:**

Regularly monitor the food items the students bring to school to ensure that no junk foods and fizzy drinks are consumed and sufficient quantity of fruits, vegetables, grains, proteins and milk products are included in the student's diet.

### **Canteen Supplies:**

A Food Officer is appointed to ensure:

1. Healthy food items are supplied through the school canteen.
2. The quality of foods supplied.
3. Good balance of healthy foods.
4. No junk foods or fizzy drinks are supplied.
5. There is a good supply of pure drinking water.
6. All students are equally treated by the canteen staff.